

RETIREMENT TRAVEL LIFESTYLE PLANNER

This worksheet is designed to help you reflect on the key questions raised in the blog post “Home Base or No Base? Find Your Ideal Travel Retirement Lifestyle.”

Take your time to consider each question and write down your thoughts. This is designed to help you create a travel lifestyle that suits your values, goals, and comfort.

Q1: Do I really want to be on the move all the time, or will I miss having a home base and familiar routines?

Q2: What kind of lifestyle feels right to me, nomadic freedom or the balance of travel and home?

Q3: How will I maintain a sense of community, connection, or belonging if I’m always on the road?

Q4: Will I still enjoy travel if it becomes my everyday life, rather than something special I look forward to?

Q5: Is it more cost-effective to sell my home and travel full-time, or to keep it and rent it out while I'm away?

Q6: What are the hidden costs of being a full-time traveler, travel insurance, healthcare, storage, flights, accommodation?

Q7: Will my retirement income or savings comfortably support full-time travel without financial stress?

Q8: How will I handle my financial affairs (banking, taxes, residency status) if I'm not tied to one location?

Q9: How easy will it be to access healthcare if I'm constantly moving?

Q10: What will I do if I need consistent care or regular prescriptions?

Q11: Do I have the energy and stamina to travel frequently, and will I still have it 5 or 10 years from now?

Q12: What happens if I get sick or injured abroad?

Q13: Will being away from family and friends for long periods affect my emotional well-being?

Q14: How important is it for me to be close by for major life events—or unexpected emergencies?

Q15: How will I build or maintain meaningful relationships if I'm always on the move?

Q16: Do I want to create a "home base" that others can come visit?

Q17: Do I enjoy the buzz of constant travel, or do I crave downtime and predictability?

Q18: Am I comfortable living out of a suitcase or frequently changing environments?

Q19: How much time and energy do I want to spend planning, booking, and navigating logistics?

Q20: What kind of travel pace feels sustainable, now and in the years to come?

Q21: How adaptable am I when things go wrong, like delays, cancellations, bad stays, or local quirks?

Q22: What happens if I want, or need, to stop travelling full-time in the future?

Q23: Will I feel secure without a permanent address?

Q24: How will I protect my identity, belongings, and personal safety on the road?

Q25: What's my long-term financial security plan?

Q26: What legacy or long-term living plan do I want to build?

Retirement travel isn't a holiday, it's a lifestyle. The more thoughtfully you approach the practical side of your journeys, the more energy and joy you'll have to enjoy the moments that truly matter.

Whether you're travelling full-time or planning longer trips between stays at home, your answers to these questions can help you make the right decision on how to travel during your retirement.